

Dear Parents,

Welcome to another great year of Redeemer sports. Below is some information that you may need for this upcoming sports season.

We are in need of some coaches. Please contact Coach Mercado ASAP if you are interested in coaching JV soccer, JV boys basketball or JV boys flag football.

“Varsity” teams (grades 6-8) are competitive, and equal playing time in team sports is not guaranteed for athletes (although coaches will try to make sure everyone can participate). On “Junior Varsity” teams (grades 4-6); the goal is for all team members to participate. Special consideration is given during tournaments of team sports, and students at the 4-6 level may not receive equal playing time at tournaments. 5th & 6th graders are allowed to participate on both JV and varsity teams, so your child may be asked to play on both teams.

Cross country has been moved to February and March.

Flag football players will be able to compete in cross country as well as flag football. They can miss cross country practice as long as they are attending flag football practice.

Most meets on are days when there are no other games going on, so we encourage doing both.

There is a sports fee for each sport your child participates in. Please make sure to read page 5 of the Parent/Student Handbook for further athletic information.

Redeemer does not have a bus, so parents are in charge of making sure that their children have rides to and from away games. Parents usually carpool. If you are driving other kids, please make sure Heather has a copy of your driver's license. Also, make sure that you are aware of which children you are bringing, and parents, make sure that your children know who they are riding with.

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**Important information**

1. Make sure your child has a sports physical by the first practice (Thursday, August 17). They are located on the athletic page of the school website. (see below)
2. The fall schedule and ALL tournament dates are online. All dates are subject to change.
3. Please make sure you look at future tournament dates. It is important that your child is here for those dates.
4. The basketball varsity finals fall on the week of the teachers conference (January 24-26). While there is no school, your athlete will be required to attend that game.
5. Please note that we need volunteers for all sports including the Ram Jam in January.
6. We are in need of some coaches. Please contact Coach Mercado ASAP if you are interested in coaching JV soccer, JV boys basketball or JV boys flag football.

**Redeemer Sports Page**

<http://www.redeemerstuart.com/student/athletics>

**Continue to check the schedule for updates and changes. Thank you!**

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If you have any questions, please contact:

**Athletic Director: Ricky Mercado** [rmercado@redeemerstuart.com](mailto:rmercado@redeemerstuart.com)

Head varsity Soccer Coach: Mike Cilurso [mec213@aol.com](mailto:mec213@aol.com)

JV Soccer Coach: **TBD. If you are interested please contact Coach Mercado ASAP.**

Volleyball Coach: Janaina Miranda [JM\\_10@bellsouth.net](mailto:JM_10@bellsouth.net)

Basketball Varsity Coaches: Mike Scott [mjscott33@gmail.com](mailto:mjscott33@gmail.com)

Mike Cilurso [mec213@aol.com](mailto:mec213@aol.com)

JV Boys coach: **TBD. If you are interested please contact Coach Mercado ASAP.**

Girls Basketball Coach: TBD if we have enough girls to field a team.

Cross Country Coach: Ann Brown [abrown@redeemerstuart.com](mailto:abrown@redeemerstuart.com)

Varsity Boys Flag Football: Mike Scott [mjscott33@gmail.com](mailto:mjscott33@gmail.com)

Mike Cilurso [mec213@aol.com](mailto:mec213@aol.com)

JV Boys Flag football Coach: **TBD. If you are interested please contact Coach Mercado ASAP.**

Girls Flag Football Coach: Rob Hanley [rchplus4@yahoo.com](mailto:rchplus4@yahoo.com)

As you can see, we are in need of some coaches. Please contact Coach Mercado ASAP if you are interested.

**Soccer: grades 5-8 (co-ed) possibly 4<sup>th</sup> grade if needed**

1. Varsity Team jersey & shorts provided by Redeemer. JV Jersey provided, black shorts (PE shorts are good) for games.
2. Shin Guards. **Must be NOCSAE** approved (label on the inside of shin guard).
3. Black soccer type socks
4. Soccer cleats
5. Water bottle

Practice:

1. T-shirt, Athletic shorts, Water bottle, Soccer cleats & Socks.

While it isn't required, we encourage athletes to bring a practice ball. JV is a size 4 and varsity is a size

We play all of our Home games at the YMCA in Stuart.

Practice will be from 3:15-4:55 on Mon, Tues, Thurs, and Fri, when there are no games to be played. Please be on time!

Most of the time there will be NO JV practice when varsity has a home or away game, but the coaches will make that call when the time comes.

All practice and game times/places are subject to change. Due to weather, some games and practices can be cancelled. We will let you and your child know of any changes via email, text and/or phone.

Coach Cilurso will need parent volunteers to help with the team. Please contact him to see where you can help!

### **Volleyball: grades 5-8 (girls)**

1. Varsity Team jersey & spandex provided by Redeemer. JV Jersey provided. Black Spandex, 4" or longer for games.
2. Volleyball shoes, or any shoe appropriate for jumping
3. Black volleyball socks.

Note most years the players purchased team socks ranging from \$6-\$10. This will be determined when practice begins.

4. Volleyball kneepads (black)
5. Hair ties, hair must be pulled back

Note, much like the socks, the players may be asked to purchase hair ties and bows to match the team color. TBD later.

Practice:

1. T-shirt
2. Practice spandex shorts 4" or longer (any color)
3. Socks that cover the ankle
4. Kneepads
5. Hair ties, hair must be tied back.

[www.1stplacevb.com](http://www.1stplacevb.com) is a website that specializes in volleyball, but you can shop for these items anywhere you please, e.g. Amazon.

Coach Janaina may require other items. She or a parent liaison will let you know ASAP.

Practice will be Mon, Tues, Thurs, and Fri, till 5 pm when there are no games to be played.

Most of the time there will be NO JV practice when varsity has a home or away game, but the coaches will make that call when the time comes.

All practice and game times/places are subject to change. Due to weather, some games and practices can be cancelled. We will let you and your child know of any changes via email, text and/or phone.

**We will need Volunteers to help fill the role of Line judge, scoreboard operator and scorebook keeper. These jobs are very easy and will count towards volunteer hours. Without help, we may not be able to host our home games. Please let me know if you are willing to help out.**

**Cross Country: grades 4-8 (co-ed)**

Athletes will be able to compete in cross country and either volleyball or soccer if they choose.

They can miss cross country practice as long as they are attending either above sport.

Most meets on are days when there are no other games going on.

1. Team uniform provided by Redeemer
2. Running shoes
3. Water bottle

Practices:

1. T-shirt
2. Athletic shorts
3. Water bottle
4. Running shoes
5. Hat

Runners must compete in at least half of the meets to be eligible for the finals.

Schedules and Practices are subject to change. We will let you know if any changes occur ASAP.

All meets are away from campus.

First practice date TBD.

Coach Brown will need parent volunteers to help with the team. Please contact her to see where you can help!

**Basketball boys & girls: grades 5-8 possibly 4th grade if needed**

1. Team jersey & shorts provided by Redeemer
2. Basketball sneakers are preferred.

Practice:

1. T-shirt, Athletic shorts, sneakers.

Practice:

Girls: 3:00- 4:30

JV Boys: 4:30-5:30

Varsity boys 5:30-6:45

All practice and game times/places are subject to change. Due to weather, some games and practices can be cancelled. We will let you and your child know of any changes via email, text and/or phone.

**Boys Flag Football 7-8 grade**

**Girls flag football: 6-8 grade**

**Boys JV 5-6 grade**

1. Team uniforms provided by Redeemer
2. Cleats. Football preferred, but soccer will work
3. Mouth piece
4. Water bottle

Practice

1. Athletic shorts and t shirt
2. Cleats
3. Mouth piece
4. Water bottle

We play all of our Home games at the YMCA in Stuart.

Practice will be from 3:15-4:55 on Mon, Tues, Thurs, and Fri, when there are no games to be played. Please be on time!

Most of the time there will be NO JV practice when varsity has a home or away game, but the coaches will make that call when the time comes.

All practice and game times/places are subject to change. Due to weather, some games and practices can be cancelled. We will let you and your child know of any changes via email, text and/or phone.