

Redeemer does not have a bus, so parents are in charge of making sure that their children have rides to and from away meets. Parents usually carpool. If you are driving other kids, please make sure Heather has a copy of your driver's license. Also, make sure that you are aware of what children you are bringing, and parents make sure your children know who they are riding with.

Athletes will be able to compete in Cross Country and either volleyball or soccer if they choose.

They can miss cross country practice, as long as they are attending either above sport.

Most meets on are days when there are no other games going on.

Here is a list of items your athlete may need this year.

Meets:

1. Team uniform provided by Redeemer.
2. Running shoes
3. Water bottle.

Practice:

1. T-shirt
2. Athletic shorts
3. Water bottle
4. Running shoes
5. Hat

Runners must compete in at least half of the meets to be eligible for the finals.

Schedules and Practices are subject to change. We will let you know if any changes occur ASAP.

Any further questions, please contact myself, or Coach Amanda Gauthier.

rmercado@redeemerstuart.com or agauthier@redeemerstuart.com

All meets are away from campus.

Practice will begin August 26 and will be on every Tuesday & Thursday. Times TBD.

September:

16 @ St. Edwards 4:00

30 @ St. Joes 4:00

October:

2 @ Redeemer (Martin County Public Golf Course) 4:00

7 @ Pine (Hobe Sound) 4:00

Finals

21 @ Pine (Hobe Sound)